

CHAD MASSIE

TEAM SPORTS AND FRESHMAN WEEKLY LESSON PLAN

UNIT Soccer & Speedball

TOPIC General knowledge and rules

Objectives:

Students will learn:

- 1 general knowledge
- 2 basic rules
- 3 terms

Activities:

Discuss rules and general knowledge

Play a game

Materials:

Soccer balls

Goals

Checks for understanding:

Question and observe students

TOPIC Basic passing and trapping

Objectives:

Students will learn passing and trapping techniques

Activities:

Demonstrate passing and trapping

Students will work in groups on passing and trapping skills

Materials:
Soccer balls

Checks for understanding:
Question and observe students

TOPIC Speed Ball

Objectives: Students will work on soccer skills as well as add new skills that combining ultimate sports with soccer. This game has three different ways to score points. Throwing and catching a touchdown is 1pt. . Kicking a soccer goal is two pts. . Drop kicking the ball through the uprights is 3pts. . If the ball is kicked up into the air the players may catch it and move the ball down the field until the ball is dropped, knocked down. If the ball hits the ground then soccer style is played until the ball can be kicked up to them selves or another team member.

Activities: Drop kicking the ball is the new skill that is being introduced. Otherwise the students have already played both ultimate football and soccer in the past. Students are divided up randomly, rules are gone over along with safety. Then we play.

Materials: Soccer balls, pylons and goal posts.

Checks for understanding:
Questioning and observations

State Standards:
A12.1 B12.1 B12.2 D12.1-4 F12.1-7 G12.1-5